

Alex Ayité
Biography

Alex Ayité was born in Senegal, West Africa. As a child and through his teenage years, Alex excelled in all sports, especially the 200-meter dash, handball and martial arts. After moving to Paris as a teenager, he practiced French boxing and won the silver gloves in his weight category. Alex holds a BA with a major in Law and a minor in Tourism from the University of Sorbonne in Paris, France. He worked for many years as a bodyguard in Paris and as a personal trainer and fitness instructor. Alex moved to Denver in the fall of 2001 and works as a security guard, fitness and boxing instructor for children and adults, and part time PE teacher.